



Waterloo Region Nature Outing: Waiver & Assumption of Risk

Outing (name or location): _____

Date: _____ Leader: _____

In signing this declaration, I, _____, affirm that I am willingly participating in this Outing with Waterloo Region Nature (WRN), and I accept as my personal risk the consequences of such participation.

1. Assumption of Risk: I understand and acknowledge that this outing may entail physically demanding activities and risks to my personal safety and property. These can include, but are not limited to, minor injuries such as scratches, bruises, and sprains to catastrophic injuries including paralysis and death. The hazards I may encounter include severe or inclement weather (including high winds, lightning, or extreme cold); becoming separated from other participants or leaders for considerable periods; potentially dangerous plants and animals; and exposure to infectious agents and disease, among others. Risks may arise due to the negligence or misjudgment of the Outing leader(s) or other participants, including my own actions, or from accidental or other causes. By participating in the Outing, I understand, accept, and assume 1) the risks, dangers and hazards involved, and 2) responsibility for any losses, costs and damages to my person or property arising out of such risks, dangers and hazards.

2. Code of Conduct: I agree to follow any safety instructions expressed by the Outing leader, and to abide by the WRN Code of Conduct. I will not participate in this Outing if I am under the influence of, nor will I while on the Outing consume, drugs or alcohol. In the event of an accident or medical problem suffered by me, I consent to the Outings Leader or WRN seeking out appropriate medical care. I consent to WRN publishing photos taken at this outing that I may appear in. I will inform the Outing Leader if I wish to opt out of this clause. I agree to abide by the wishes of other participants who do not want their photo taken.

3. Waiver: I hereby agree to release, save harmless, and indemnify WRN, its officers, directors, agents, and members, from and against all claims, actions, costs, and expenses in respect of any injury, loss, or damages to me or my property arising as a result of my participation in this trip, notwithstanding that the same may have been contributed to or occasioned by the negligence of WRN, its officers, directors, agents, and members. I declare this waiver and assumption of risk is binding on me, my heirs, executors, administrators, and assigns. I have read this waiver and assumption of risk and I fully understand all aspects of it.

Participant Signature	Name and Contact Information (phone or address)
1)	
2)	